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# One Day Ahead: A Tour De France Misadventure



## Synopsis

"absolutely fantastic read. Couldn't put it down""a lovely account of real achievement""very well written and funny""an honest and humorous book""really enjoyed following the One Day Ahead team around France" One Day Ahead: A Tour de France Misadventure It didn't even seem like a good idea when first suggested so how did Richard Grady get hooked into a 5000 kilometre drive around France in a motorhome? Maybe it was the lure of the world's premiere cycle race - The Tour de France - or possibly the desire to help a friend that seduced him but somehow he found himself as a member of the backup team to four riders cycling the Tour route one day ahead of the professional racers. Driving hundreds of kilometres every day, performing a variety of mundane chores and dealing with the vagaries of his travelling companions all combined to create a three week journey he regretted from the start. In this hilarious account Richard relates the misadventures of the 'One Day Ahead' team as they battle with the challenge of cycling the 3,497 km Tour de France route and he and the stalwart Sara battle to give the riders the best possible chance of achieving their goal. Filled with amusing anecdotes and facts this is a fascinating insight into the Tour de France for avid fans and the general reader alike. One Day Ahead: A Tour de France Misadventure was written on the suggestion of his psychologist girlfriend/therapist(!) after Richard struggled for two years to get over the experience. Every book sold helps. Warning: Contains some moaning however this will not be harmful to your health. "cracking read and has got me planning my own cycling adventures""a Tour de Force. I admire anyone who takes on a challenge like this""a humorous book with many a chuckle at the woes of the hard done by support team""Richard made you feel like you were actually there & thankful, given some of the situations they got into, that you weren't!""by far the best cycling related book I have read in the last few years. I really did not want it to end"

## Book Information

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## Customer Reviews

Evidence that the tour de France, especially the background work, should be left to professionals in this tale that grew sadder and sadder as the "innocents abroad" continued their journey around France. After a pleasant start conflicting personalities and agendas emerged and what should have been the adventure of a group of friends deteriorated into bitterness and suspicion. Despite this, for Richard, the actual cycling made the journey worthwhile and, for the reader, the background into race history and events made for a great background to an event which was not quite what the author hoped for. Worth a read for fans of Le Tour, long distance cycling and human interaction.

A book about supporting a team of amateur cyclists around the real Tour de France route, might not sound too enticing, but do not let that put you off. There are more to this book than just a record of driving for 3 weeks around France. Spending considerable time every summer watching Tour de France, I am admittedly more interested than average. Yet, you need not have a burning interest for TdF to enjoy the book. I found the book great - both for inspiration to take on great challenges in general and for the stories about France, TdF historical events and quotes sprinkled in between.

This group will surely look back on this endeavor with pride. It was well written and a great read for a fellow bike enthusiast.

The author is quite funny and entertaining and you certainly get the feel for what it's like to have the experience of following the tour. Having said that I wish there was less detail on what each car park was like and more detail on each of the climbs / stages. While he engaged us with the various characters and conflicts, he never really offered a coherent storyline or resolution here (some creative license here would have been forgivable).

I cycle so I could relate to this trip and would add it to my bucket list. A very well written account of a trip that I could imagine I was there. I laughed for five minutes one night and woke my wife up one night while in bed reading it and had to go downstairs to continue reading. Great laugh, well written and I didn't know about the one day ahead. A real surprise.

Fun. Good read while following this year's TdF.

Great story and very entertaining. I have ridden across Iowa on RAGBRAI and have an idea what it is like for the support people. They are really the unsung heroes! Great character development too on the other support people, the riders and the ebb and flow of the Tour de France!

Fun read just as the tour was starting!! Couldn't decide if it was a grudge piece to shame "the kids" or a cautionary tale to warn others from trying something so insane. Either way, it left me wanting to do my own "one day ahead"

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